



Barking & Dagenham



Programme

May Camp 2006, Thriftwood

Friday 26th

6:30 to 7.30 p.m. Arrive. Assign rooms, stow gear and change.
Grand Howl, Flag , set up, explore site.
Rules of Camp
Activity & Games

8:30 **Tea**
Activity & Games

10:30 **Supper**

Sunday 28th

Activity & Games

8:30 **Breakfast & chores**
Activity & Games

11:00 **Refreshments**
Activity & Games

1:00 p.m. **Lunch & chores**
Activity & Games

5:30 **Tea & chores**
Activity & Games

7:30 **Scouts Own**

8:30 **Campfire**
Activity & Games

10:30 **Supper**
Activity & Games

Saturday 27th

Activity & Games

8:30 **Breakfast & chores**
Activity & Games

11:00 **Refreshments**
Activity & Games

1:00 p.m. **Lunch & chores**
Activity & Games

5:30 p.m. **Tea**
Activity & Games

10:30 **Supper**
Activity & Games

Monday 29th

Activity & Games

8:30 **Breakfast & chores**
Pack up gear, clean

12:00 **Lunch**
Activity & Games

2:00 p.m. **Depart for Home (9th)**

Activities

Pioneering

Cubs are shown how to construct a basic tripod and build a simple bridge

Estimated Time: 1 hour

Equipment Required: Thriftwood pioneering equipment, ropes, gloves

Fire Lighting

Show the Cubs the basics of fire lighting including what wood to collect, what tinder to use, methods of lighting the tinder and how to build and maintain the fire. Allow them to practice then split into smaller groups and allow them to try and build a fire from scratch.

Estimated Time: 1 hour

Equipment Required: Fire lighting equipment, matches, candles, filled water container

Tracking

Cubs are to learn the main tracking symbols. They are then to lay down and follow a simple tracking sign trail.

Estimated Time: 1 hour

Equipment Required: Tracking sign sheets and flashcards

Backwoods Cooking

Cubs are shown how to do some basic Backwoods Cooking. (e.g. an egg in an orange.)

Estimated Time: 1 hour

Equipment Required: Backwoods Cooking equipment: Oranges, tin foil, eggs

Rifle Shooting

On site activity with our own instructors.

Estimated Time: 1 hour

Equipment Required: Rifle equipment from Thriftwood, Rifle certificates

Shelter Building

Cubs are shown the basics of shelter building and are split into small teams to try to build a shelter of their own.

Estimated Time: 1 to 1½ hours

Equipment Required: String, groundsheets, gloves

Compass

Cubs are shown the basics of using a compass including compass directions and simple bearings. They may practice outside

Estimated Time: ½ to 1 hour

Equipment Required: Compasses

Orienteering

Cubs are to complete a simple orienteering course around Thriftwood using the maps supplied and a compass.

Estimated Time: ½ to 1 hour

Equipment Required: Compasses, orienteering maps

Wild Area Survey

Cubs are to make a survey of a hedgerow or wild area. They should be able to identify at least six species of wild flowers, grasses or ferns.

Estimated Time: ½ to 1 hour

Equipment Required: Wild flowers sheets & books, paper & pencils

Bird Spotting

Cubs are to start a record of birds they have spotted over one week. They should be able to identify at least six wild birds.

Estimated Time: ½ to 1 hour

Equipment Required: Bird books, binoculars, paper & pencils

Pond Survey

Cubs are to make a survey of a pond, river, stream or seashore. They should be able to identify some of the animals, insects or plant life they find.

Estimated Time: ½ to 1 hour

Equipment Required: Insects & plant books, paper & pencils, jars, nets

Insect Life

Cubs are to explore the insect life of a particular area. They should be able to identify some of the types of insect they find.

Estimated Time: ½ to 1 hour

Equipment Required: Insect books, paper & pencils, small containers, magnifying glasses

Trees & Shrubs

Cubs are to identify six different trees or shrubs from their leaves, shape, fruit or nuts and make a bark rubbing.

Estimated Time: ½ to 1 hour

Equipment Required: Tree books, paper & pencils, crayons

Butterflies

Cubs are to identify six butterflies and/or moths and talk to a Leader about their life cycle.

Estimated Time: ½ to 1 hour

Equipment Required: Butterfly books, paper & pencils

Programme Planning

Leaders are to sit down and plan the details of the Pack Holiday 2006 at Bromham.

Equipment Required: Laptop with disc, information pack on campsite, programme outline

Games

Survival Challenge

Split into groups. Each group is given a Survival Challenge sheet to complete. It includes collecting information and items as well as answering questions.

Estimated Time: ¼ hour

Equipment Required: Prepared Survival Challenge worksheets

Scavenger Hunt

Split into groups. Each group is given a Scavenger Hunt sheet to complete. It includes collecting information and items as well as answering questions.

Estimated Time: ¾ hour

Equipment Required: Prepared Scavenger Hunt worksheets

Kim's Game

25 objects are placed on a 5x5 grid. Teams have to identify what was there and where it was.

Estimated Time: ¼ hour

Equipment Required: 25 different objects arranged in a 5x5 grid

Jail Break

There are two "cops" and one "jailor". The rest of the people are "robbers". The number of "cops" and "jailors" can vary depending on the number of players. A fairly central location is designated as "jail". The jail should be fairly out in the open and the boundaries definite.

A picnic table can work great as a jail (those in the jail would sit on top of the table).

All robbers are given some designated time to go hide (like hide-and-go-seek maybe 30-60 seconds). After the appropriate hiding time, the cops go looking for the robbers. The robbers usually are not in the same spot all of the time for reasons I will describe in a minute.

The cops catch a robber by one of many methods (this is where the variations come into play). The robber may be tagged, hit with a light beam, person identified correctly, or combinations of these.

When a robber is caught, they are taken to jail by the cop. The big difference between this and hide-n-seek is, if someone is quick and sly

(someone being a robber), they can cause a "jail-break" and let all that are in jail get out of jail. This is done by sneaking up into jail (not being caught by the jailor), stepping IN the jail

(or touching the table with both hands), and yelling "JAIL BREAK!" At this point, all that are in jail are FREE. The jailor must give everyone that was in jail and the breaker some time to get away (maybe 15 seconds).

Sometimes this game has gone on for hours for one game. Sometimes it is a fairly short game (but not too often). If you want, you can have the game continue on by having the final (in this example) 3 people to be the cops and jailor.

Estimated Time: 1 hour

Equipment Required: Torch

Radio Wide Game

3 teams

1 Leader base

1 radio per team + leaders radio

Alpha numeric codes on CDs spread around playing area

Alpha codes spell out secret message (i.e. "baked beans for dinner")

Numeric values on CDs to validate accuracy

Teams set off in different directions to locate codes and radio back to base

Teams leave CDs in place to be collected at end game

"This is Eagle Patrol, disc number 99, code is Quebec, describe location.

Leaders acknowledge transmission and write down message details

Points awarded for number of discs found, correct transmission and solving final message.

Estimated Time: 1 hour

Equipment Required: Radios, CD's with codes on

Storm the Lantern

A pair of adults take a bright Lantern into the woods and set up a base which the scouts have to reach and give in a life (playing card, string with knot tied in etc). The leaders can record the individual or their patrols for a total score tally at the end. Person/team with highest score wins (obviously!). Anyone who gets thru then returns to the start to get another life and go again. Catch is, you have a team of Ventures/Patrol Leaders trying to catch them on the way and 'kill' them, i.e. remove the life, so that scout has to return to the start and try again.

Estimated Time: 1 hour

Equipment Required: Bright lantern, cards to represent lives



Barking & Dagenham

Naturalist



The Cub Scout must complete three of these six activities.

1. Make a survey of a hedgerow or wild area. Be able to identify at least six species of wild flowers, grasses or ferns.
2. Keep a record of birds they have spotted over one week. Be able to identify at least six wild birds.
3. Make a survey of a pond, river, stream or seashore. Be able to identify some of the animals, insects or plant life they find.
4. Explore the insect life of a particular area. Be able to identify some of the types of insect they find.
5. Identify six different trees or shrubs from their leaves, shape, fruit or nuts and make a bark rubbing.
6. Identify six butterflies and/or moths and talk to a Leader about their life cycle.



Barking & Dagenham

Outdoor Challenge



To complete this Challenge, Cub Scouts should:

- Take part in at least one residential experience (preferably camping) with a minimum of two nights away. The two nights do not need to be 'two in a row'.
- Learn a new skill and use it, for example, backwoods cooking, use of a compass.
- Take part in three new outdoor activities that they have not done before, for example, shelter building, tracking, pioneering, archery, skiing, abseiling.